

OBC 25M 2025: Session: 5: COACH evaluation sheet for TEAM: TRUST

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Ciommo Fabio HEADCOACH

Coaches: Vanderhulst Midas

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 31: 100M BACKSTROKE MEN					Heat:4, starttime: 09:15
Heat: 4/7 Lane : 4 Athlete: DE SWERDT MATHIAS					Q-time: 00:59:75
PB (25m pool): 59.75 Leuven 12 Oct 2025					PB (50m pool): 1:03.65 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		28.33		59.75	
	28.33		31.42		
					

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN					Heat:1, starttime: 09:20
Heat: 1/5 Lane : 4 Athlete: ROSKIN LOTTE					Q-time: 00:35:66
PB (25m pool): 35.66 Leuven 12 Oct 2025					PB (50m pool): 36.67 SB:
	2 5 M	5 0 M			
PB		35.66			
	35.66				
					

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN					Heat:2, starttime: 09:20
Heat: 2/5 Lane : 2 Athlete: LENAERTS HAILEY					Q-time: 00:34:95
PB (25m pool): 34.95 Leuven 12 Oct 2025					PB (50m pool): 35.39 SB:
	2 5 M	5 0 M			
PB		34.95			
	34.95				
					

Coach feedback:

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Event number: 33: 200M FREESTYLE MEN							Heat:2, starttime: 09:30	
Heat: 2/5 Lane : 4 Athlete: DE SWERDT MATHIAS							Q-time: 01:55:62	
PB (25m pool): 1:55.62 Gent 11 Nov 2024				PB (50m pool): 2:00.43 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		26.20		54.92		1:25.20		1:55.62
	26.20		28.72		30.28		30.42	
								

Coach feedback:

Event number: 33: 200M FREESTYLE MEN							Heat:2, starttime: 09:30	
Heat: 2/5 Lane : 7 Athlete: MATTHEUS IBE							Q-time: 01:56:69	
PB (25m pool): 1:56.69 Leuven 11 Oct 2025				PB (50m pool): 2:02.21 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		26.02		55.22		1:25.62		1:56.69
	26.02		29.20		30.40		31.07	
								

Coach feedback:

Event number: 33: 200M FREESTYLE MEN							Heat:4, starttime: 09:35	
Heat: 4/5 Lane : 7 Athlete: DE SWERDT NIELS							Q-time: 01:54:48	
PB (25m pool): 1:54.48 Leuven 11 Oct 2025				PB (50m pool): 1:58.55 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		26.31		55.28		1:25.09		1:54.48
	26.31		28.97		29.81		29.39	
								

Coach feedback:

Event number: 35: 50M BUTTERFLY MEN							Heat:2, starttime: 09:50	
Heat: 2/6 Lane : 4 Athlete: MATTHEUS IBE							Q-time: 00:26:24	
PB (25m pool): 26.24 Gent 11 Nov 2024				PB (50m pool): 26.79 SB:				
	2 5 M		5 0 M					
PB			26.24					
	26.24							
								

Coach feedback:

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Event number: 35: 50M BUTTERFLY MEN			Heat:2, starttime: 09:50
Heat: 2/6 Lane : 6 Athlete: VANDERHULST MIDAS			Q-time: 00:26:38
PB (25m pool): 26.38 Leuven 24 Nov 2024			PB (50m pool): 27.14 SB:
	2 5 M	5 0 M	
PB		26.38	
	26.38		
			

Coach feedback:

Event number: 35: 50M BUTTERFLY MEN			Heat:3, starttime: 09:55
Heat: 3/6 Lane : 6 Athlete: CIOMMO ALESSANDER			Q-time: 00:26:11
PB (25m pool): 26.11 Leuven 12 Oct 2025			PB (50m pool): 26.41 SB:
	2 5 M	5 0 M	
PB		26.11	
	26.11		
			

Coach feedback:

Event number: 35: 50M BUTTERFLY MEN			Heat:4, starttime: 09:55
Heat: 4/6 Lane : 1 Athlete: DE SWERDT MATHIAS			Q-time: 00:25:78
PB (25m pool): 25.78 Leuven 12 Oct 2025			PB (50m pool): 26.33 SB:
	2 5 M	5 0 M	
PB		25.78	
	25.78		
			

Coach feedback:

Event number: 35: 50M BUTTERFLY MEN			Heat:5, starttime: 09:55
Heat: 5/6 Lane : 5 Athlete: DE SWERDT NIELS			Q-time: 00:24:79
PB (25m pool): 24.79 Leuven 12 Oct 2025			PB (50m pool): 25.36 SB:
	2 5 M	5 0 M	
PB		24.79	
	24.79		
			

Coach feedback:

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Event number: 37: 200M BREASTSTROKE MEN							Heat:3, starttime: 10:10	
Heat: 3/5 Lane : 2 Athlete: DEPREZ LUKAS							Q-time: 02:23:67	
PB (25m pool): 2:23.67 Gent 11 Nov 2024				PB (50m pool): 2:30.76 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		32.14		1:09.07		1:46.15		2:23.67
	32.14		36.93		37.8		37.52	
								

Coach feedback:

Event number: 39: 100M MEDLEY MEN							Heat:2, starttime: 10:35	
Heat: 2/9 Lane : 7 Athlete: CIOMMO ALESSANDER							Q-time: 01:02:26	
PB (25m pool): 1:02.26 Bastogne 4 Apr 2025				PB (50m pool): No time SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		28.74		1:02.26				
	28.74		33.52					
								

Coach feedback:

Event number: 39: 100M MEDLEY MEN							Heat:5, starttime: 10:40	
Heat: 5/9 Lane : 4 Athlete: MATTHEUS IBE							Q-time: 01:00:90	
PB (25m pool): 1:00.90 Geel 15 Feb 2025				PB (50m pool): No time SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		27.33		1:00.90				
	27.33		33.57					
								

Coach feedback:

Event number: 39: 100M MEDLEY MEN							Heat:5, starttime: 10:40	
Heat: 5/9 Lane : 8 Athlete: PAUWELS SANDER							Q-time: 01:01:12	
PB (25m pool): 1:01.12 Gent 11 Nov 2024				PB (50m pool): No time SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		27.83		1:01.12				
	27.83		33.29					
								

Coach feedback:

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Event number: 39: 100M MEDLEY MEN					Heat:8, starttime: 10:45	
Heat: 8/9 Lane : 2 Athlete: DE SWERDT NIELS					Q-time: 00:58:50	
PB (25m pool): 58.50 Gent 11 Nov 2024					PB (50m pool): No time SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		26.89		58.50		
	26.89		31.61			
						

Coach feedback: